



Breathing Room Foundation

for families affected by cancer

FAQ for Service Opportunities

Who do you serve?

The mission of the Breathing Room Foundation (BRF) is to provide those affected by cancer with individualized support to relieve the emotional, physical and financial strain that a cancer diagnosis brings. It is our goal to ensure our families have the “breathing room” they need to allow them to concentrate their efforts on regaining their health.

Our Breathing Room families live in Philadelphia and portions of Montgomery, Bucks, Delaware and Chester counties. A full list of our coverage area [can be found here](#).

How many volunteers can you accommodate for a group project?

There are a variety of group service options that can be completed on site at your company, at our Breathing Room office in Elkins Park.

BRF OFFICE

Our office can accommodate 6-8 volunteers. Last year we had groups stuff envelopes for mailings, shop and prepare meals in our on site kitchen, even arrive with boxes of ingredients, ready to bake cookies for Valentine's Day!

BRF CHILDREN'S PROGRAM HALL

For each of our Children's Programs, the BRF organizes deliveries from St. James Hall. Volunteers are needed to pack donations for our families and then distribute to our recipients. Inquire for what current programs are available.

What times are available to volunteer?

Typical hours are **9:00 AM to Noon** or **1:00 to 4:00 PM**. We feel it is important to keep all volunteers engaged in their activities so you feel your time is well spent, and you are inspired to return for future volunteer projects with the Breathing Room Foundation.

What will I do when I arrive?

A Breathing Room Foundation staff member will meet with you and your group for a brief introduction to the Breathing Room. Your service project will be explained in more detail and you will break into small groups for specific tasks. Breathing Room staff and volunteers will be available to answer any questions or concerns you may have as you work on your projects.

How do I make a monetary donation?

- Online through [our website](#)
- Credit card donations can be taken on site at St. James Hall or at the BRF office
- Checks can be made out to the Breathing Room Foundation and mailed directly to:
P.O. Box 287
Jenkintown, PA 19046

What should I bring with me?

We ask you to please contribute specific items for the current program

- Easter: candy, baskets, non candy fillers, etc.
- Back To School: crayons, markers, composition books, binders, folders, etc.
- Thanksgiving: canned vegetables, turkey, cranberry, gravy, etc.
- Holidays: gift boxes, wrapping paper, scotch tape, [Winter Warmth](#) items, etc.
- Gift cards or monetary donations to support the current program
 - Wawa, Dunkin', Starbucks, Rita's Water Ice: \$5+
 - Grocery, Walmart, Target, Gas, Pharmacy: \$25+

Preparing for your visit:

DRINKS AND LUNCH

- Coffee, tea and snacks are provided at St. James Hall or our office.
- Yard work volunteers are responsible for your own drinks, snacks and restroom. (The BRF family may or may not be home. **We do not ask them to open their home to the BRF volunteers when you are doing yard work**).
- **Lunch will not be provided by the Breathing Room**, so please contact your company coordinator for your group's plan.

PARKING

- Free parking is available in the lot behind our office and at St. James Hall.
- Metered parking is strictly enforced near our office. If you park at the meter on the street, please add quarters and watch your time limit.

How do I get a tax receipt for my donation?

Electronic donations are automatically emailed a receipt: written receipts provided upon request. An electronic copy can be sent to your email upon request.

How do I sign up?

- Call Eileen at **(215) 277-1006**
- Email Eileen@breathingroomfoundation.org
- You can register individuals through our [volunteer contact form](#).
- You can register groups through our [group contact form](#).

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