



VALLEY ROAD RUN

5K RUN/2 MILE WALK

SUNDAY, OCTOBER 2, 2022

Runners start time: 8:30 AM

Walkers start time: 8:40 AM

Registration and Start Location:

Thomas J. Paul Building

1061 Rydal Road, Rydal, PA

Strollers welcome!
Virtual Race Option
Available.

Adult Registration: \$35
Run or Walk
(price increases to \$45
on 9/14 thru race day)
Youth Registration – \$20
ALWAYS (Age 17 & Under)
Register before Sept. 11th
to be guaranteed a shirt!



Registration is now open!
at www.breathingroomfoundation.org/valley-road-run-2/

