

BRF Comfort Bag



Each BRF Comfort Bag is filled with a soft blanket and a gallon ziploc type bag filled with the following items: Chapstick, puzzle book, pen, a small pack of tissues, hand sanitizer, lotion and a small notebook/journal. Handmade notes of support are tucked inside the ziploc bags to remind our recipients that their Breathing Room Friends are thinking of them. The cards include simple words of support, such as, "Have a Good Day" or "Thinking of You". No mints, please.

ABOUT BRF

The Breathing Room Foundation (BRF) is a nonprofit that provides comfort and support for families affected by cancer. Our mission is to provide those affected by cancer with personal, individualized support to alleviate the emotional, physical, and financial strain that a cancer diagnosis brings. It is our goal to ensure our families have the "breathing room" they need to allow them to concentrate their efforts on regaining their health.

The BRF office is located at 8310 Brookside Road in Elkins Park, on the St. James Catholic Church campus.

For more information, please contact jaci@breathingroomfoundation.org or (215) 277-1006.



"Thank you all for the wonderful Comfort Bag that John received. From the blanket, comfy socks, snacks and the beautiful notebook, he sure did appreciate everything. Your care and concern certainly provided us with some room to breathe. In this very unexpected time of feeling lost, lonely, scared and unsure of "tomorrow," we are beyond blessed with knowing we have angels on earth!"