



Breathing Room  
Foundation

# SNACK AND BREAKFAST BAG COLLECTION

## BRF SNACK BAG

Add 3 or 4 individually wrapped snacks with a handmade note to a quart size ziploc type bag. The snacks may include: granola bars, Goldfish, cookies, raisins, pretzels, etc. Your colorful handwritten "Have a Good Day" or "Thinking of You" note will remind our BRF families that we are thinking of them. Please no mints or hard candy.

## BRF BREAKFAST BAG

Add 3 or 4 individually wrapped breakfast food items to a quart size ziploc type bag. The breakfast bag may include applesauce, single serve box of cereal, oatmeal pack, breakfast/granola bar or box of raisins to fill the bag. Add a handmade "Have a Good Day" or "Thinking of You" note to the bag.

## ABOUT BRF

The Breathing Room Foundation (BRF) is a nonprofit that provides comfort and support for families affected by cancer. Our mission is to provide those affected by cancer with personal, individualized support to alleviate the emotional, physical, and financial strain that a cancer diagnosis brings. It is our goal to ensure our families have the "breathing room" they need to allow them to concentrate their efforts on regaining their health.

For more information, please contact  
[jaci@breathingroomfoundation.org](mailto:jaci@breathingroomfoundation.org) or (215) 277-1006.



The BRF office is located at 8310 Brookside Road in Elkins Park, on the St. James Catholic Church campus.



"What a beautiful surprise! I can't even express how thankful we are. Those snack bags are perfect for chemo days for my husband and me since he is always by my side. Thank you for always showing families like ours how much you truly care about them. Breathing Room - you are like no other."